

# Occupational Health – Needlestick Injury – What do do next:



## Occupational Health – Needlestick Injury Procedure

In the event of a needlestick injury, please follow the steps outlined below:

### Immediate Action

1. Encourage Bleeding – Allow the wound to bleed freely. Do not suck the wound.
2. Wash the Area – Rinse the affected area under running water and wash with soap. Avoid scrubbing the wound.
3. Cover the Wound – Apply a waterproof dressing.

### Medical Assessment

4. Seek Urgent Medical Attention –
  - Attend your nearest Accident & Emergency (A&E) department as soon as possible.
  - The hospital will assess the injury, take blood samples, and may offer treatment, such as post-exposure prophylaxis (PEP) if required.
5. Follow-Up Testing –
  - The A&E department will conduct initial blood tests and may arrange follow-up tests at a later date.

### Occupational Health Follow-Up

6. Send Results to Occupational Health –
  - Once blood test results have been received, email them to David Barber Occupational Health Ltd at [Enquiries@dbocchealth.com](mailto:Enquiries@dbocchealth.com) for review.
7. Review & Consultation –
  - Our Occupational Health Advisor (OHA) will review the results.
  - If further discussion is needed, a telephone consultation will be arranged.

### Consultation & Payment

8. Telephone Consultation (if required) –
  - A consultation with the OHA costs £75.00, payable by the company/surgery.
  - An invoice will be sent after the consultation, with a 10-day payment term.
  - A fit note with recommendations will be issued following the consultation.

For further information, please contact:

✉ Email: [Enquiries@dbocchealth.com](mailto:Enquiries@dbocchealth.com)

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 Phone: 01332 318978 (*voicemail available if we are in clinic*)

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